

GLENMORE GYMNASTIC CLUB - FAQ'S

Q: Do I need to keep my receipt? Who needs to see it?

A: The customer service center will want to see it every day so you gain entry into the facility. We recommend keeping an electronic copy of your mobile device for convenience. Coaches and supervisors do not need to see your receipt unless there is a concern.

Q: Where does my child wait for their class?

A: Please wait outside the gym. We do not allow athletes inside the gym until the class begins. At that time, a coach or supervisor will call your child in.

Q: Where can I watch my child?

A: If you wish to watch your child's class, you may watch from the various windows surrounding the gym. We do not allow parents in the gym, as we are such a small facility and distractions can be dangerous. There will be a parent-viewing day on the last class every season in which parents will be invited to watch their children from inside the gym.

Q: Do I have to stay during my child's class?

A: Once you feel as though your child is comfortable in class, you do not need to stay. Feel free to enjoy the very little personal time you likely have as a parent, but please make sure that you are back at the end of class on time for pick-up.

Q: Can I wait for my child in the parking lot?

A: We require all parents with participants under the age of 10 to come into the facility for pick-up. If you would like to have your child meet you outside, please make sure the supervisor and/or coaches know.

Q: What should my child bring to class?

A: Program receipt will be required to gain entry into the facility. We also recommend athletes bring their own water bottles. We do not allow any belongings inside the gym. Please leave all clothing, bags, water bottles and shoes in the lockers provided.

Q: What should my child wear to gymnastics class?

A: Anything your child is comfortable in is great! We want to stay away from clothing that has zippers, buttons or buckles as it can get caught on equipment. Any clothing too loose fitting can also be hazardous for getting stuck on equipment. Jeans and dresses are not allowed. We ask that all participants have bare feet. All long hair must be pulled back. Jewelry of any kind is not allowed.

Q: Do I need to keep my child's report card?

A: Yes. Like most gymnastic clubs, we do not keep copies of your child's report cards. If there is a discrepancy, or clerical error, your report card is proof that your child has completed a badge. Furthermore, if your child ever attends another club, having his/her report card will ensure that he/she does not have to repeat a CANGYM badge.

Q: If my child completes all their badges, do they go into competitive?

A: If your child completes all their badges up to Gold, they will be invited to an award ceremony hosted by Alberta Gymnastics. Competitive placement is based on a variety of factors including but not limited to: strength, flexibility, and work ethic. Competitive is dependent on a tryout and is not related to the recreational CANGYM program.

To schedule a tryout, contact Karen at competitive@glenmoregymnastics.ca

Q: What is the AGF membership fee and why am I required to pay it?

A: The Alberta Gymnastics Federation Membership Fee is insurance for both your child and the club. This membership must be renewed yearly, always expiring in June.

Q: My child has never done a gymnastics class before, but they are self-taught. What level do I register them for?

A: All beginner gymnastics must register in the first badge, Burgundy. Burgundy is offered to CANGYM athletes of all ages. If you feel as though this level would not be the right fit for your child, contact the recreation coordinator to schedule a level assessment.