



Frequently Asked Questions

Q: Where does my child wait for their class to begin?

A: Your child can wait for their class in the parent viewing area. If your child is in an Active Start class, they will also be able to find their name tag in this area.

Q: Where can I watch my child?

A: At this time, only parents with children in the Active Start classes can stay and view. When restrictions ease with Covid, we will open the parent viewing up to all parents.

Q: Do I have to stay during my child's class?

A: The only parents that need to stay in the facility during class are parents of children in the 2&3 year old preschool classes.

Q: What should my child bring to class?

A: Your athlete should bring their own water bottle full of water, as well as arrive in clothing suitable for class. This includes a leotard or shorts and a t-shirt that is not too loose as to get caught in equipment.

Q: What should my child wear to gymnastics?

A: Anything your child is comfortable in will be great but we do suggest you stay away from clothing that has buttons, zippers, buttons or buckles as these can get easily caught in or on equipment. Jeans and dresses are not allowed. We ask that all participants have bare feet and that any hair MUST be pulled back off the face. Jewelry of any kind is not allowed.

Q: Do I need to keep my child's report card?

A: Yes! Like most gymnastic clubs, we do not keep a copy of your child's report cards. If there is a discrepancy or a clerical error, your child's report card is proof that they have completed a badge.

Q: What is the AGF membership and why am I required to pay it?

A: The Alberta Gymnastics membership fee is insurance for both your child and the club. This membership MUST be renewed yearly and always expires in June.

Q: My child has never done a gymnastics class before, but they are self taught. What level do I register them for?

A: All beginner gymnasts must register in the beginner Cangym class. This class consists of the first 4 beginner levels of the Cangym program. Your child will be assessed in the first few weeks and the coach will inform you if they should be registered in a different class.